



Lunch Week One

Monday

Tuesday

Wednesday

Thursday

Friday

Main
 Beef Lasagne
 Meat Free
 Roasted Vegetables in
 a Tomato &
 Mascarpone Sauce

Main
 Sweet & Sour Chicken
 Meat Free
 Teryaki Tofu With
 Vegetables

Main
 Roast Beef & Yorkshire
 Puddings
 Meat Free
 Cheese & Tomato Tart

Main
 Chicken Casserole
 Meat Free
 Vegetable & chickpea
 Hotpot

Main
 Battered Pollock
 Meat Free
 Spicy Bean Burger

Available Daily:
 Salad Bar
 Jacket Potatoes
 Bread
 Fresh Fruit
 Yoghurt



And to go with

Peas & Carrots
Garlic Bread

Pudding
Lemon Drizzle Cake

And to go with

Steamed Cabbage
Egg Noodles

Pudding
Pineapple Upside
Down Cake

And to go with

Crunchy Roast
Potatoes
Broccoli Florets

Pudding
Apple Crumble &
Custard

And to go with
Creamy Mashed Potatoes

Cauliflower

Pudding
Fruity Chocolate Brownie

And to go with
Oven Baked Chips

Baked Beans
Steamed Peas

Pudding
Chocolate Orange
Cookies



Lunch Week Two



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Pork or Chicken Sausages with Onion Gravy

Meat Free Quorn Sausage with Onion Gravy

Main

Beef Bolognese

Meat Free Macaroni Cheese

Main

Roast Chicken With Sage & Onion Stuffing Balls

Meat Free Roasted Vegetables In Yorkshire Pudding

Main

Creamy Chicken Curry

Meat Free Spinach & Sweet Potato Dhal

Main

Beef Burger in a Bun

Meat Free Vegetable Burger in a Bun

Available Daily:

Salad Bar
Jacket Potatoes
Bread
Fresh Fruit
Yoghurt

And to go with

Creamy Mashed Potatoes
Green Beans

Pudding
Syrup Sponge & custard

And to go with

Garlic Bread
Broccoli Spears

Pudding
Banoffee Pie

And to go with

Roast Potatoes
Steamed Greens
Gravy

Pudding
Fruity Jelly Pots

And to go with

Fluffy Rice
Peas & Carrots

Pudding
Chocolate & Sultana
Crispie Cake

And to go with

Oven Baked Chips
Baked Beans
Creamy Coleslaw

Pudding
Chocolate & Cherry
Cupcakes



Lunch Week Three



Monday

Tuesday

Wednesday

Thursday

Friday

Main
Shepherds pie With a
Cheddar Cheese
Topping

Meat Free
Lentil & vegetable Bake

Main
Barbecue Chicken

Meat Free
Three Bean &
Vegetable Tortilla

Main
Honey Roasted
Gammon

Meat Free
Sweet Potato &
Spinach Frittata

Main
Beef Chili

Meat Free
Roasted Vegetable Chili

Main
Pepperoni Pizza

Meat Free
Margarita Pizza

Available Daily:

Salad Bar
Jacket Potatoes
Bread
Fresh Fruit
Yoghurt



And to go with

Green Beans
Rich Gravy

And to go with

Baby Potatoes
Corn on The Cob

And to go with

Roast Potatoes
Carrots & Peas

And to go with

Jacket Potatoes
Mixed Salad
Creamy Coleslaw

And to go with

Oven Baked Chips
Baked Beans
Mixed Salad

Pudding

Lemon & Sultana
Sponge & Custard

Pudding

Grannies Apple Cake

Pudding

Fruity Chocolate Fridge
Cake

Pudding

Jam & Coconut Sponge
& Custard

Pudding

Oat & Sultana Cookies

