Dair House School
PSHE Policy

Monitoring: DoS/Head of PSHE   Updated: November 2018   Review: August 2019

This policy is effective from the EYFS to Year 6.

Introduction

At Dair House School, all teachers have a responsibility for, and are intrinsically involved in the Personal, Social, Health and Economic Education, to which the children have a right.
Aspects of PSHE permeate all areas of the curriculum and school life. The responsibility for the personal and social development of every child is a shared responsibility between the school, the family and parents.
This policy takes into account the 'Children and Social Work Act', 2017.

Aims of PSHE at Dair House School

- To promote an atmosphere of trust and openness in which the children can explore their attitudes and feelings in a safe environment and without fear of threat or judgement
- To include children of all abilities
- To develop self awareness
- To encourage a healthy living by considering factors which promote good health in its widest sense
- To provide basic and accurate information on which informed decisions can be based
- To provide decision making experience enabling choices to be made in a rational manner
- To counteract racism, sexism and all forms of prejudice
- To develop and practice skills such as listening which in turn facilitate the development of personal relationships, aids academic progress and improves the overall quality of life
- To provide opportunities to reflect on experiences and consider questions concerning the meaning and value of life and to increase awareness of environmental and political influences on society

Assessment

Although there is no formal assessment of PSHE work, the scheme will be considered as successful when:
- Pupils are able to assess their developing strengths and build on them
- Pupils show confidence, high self esteem and self-reliance
- Pupils are actively involved in their own learning and are motivated to achieve

- Pupils show honesty, self discipline and personal responsibility
- Pupils show care and responsibility for their school environment
- Pupils actively wish to give and receive respect
- Pupils are aware of the main obstacles to health and are prepared to make decisions based on facts
- Pupils feel able to ask about sensitive issues without fear of ridicule
- Pupils have sufficient factual information, or the knowledge of how to access such information, to make considered decisions on matters concerning their physical, social and mental well being

Timetabling

At Dair House School, PSHE is taught through:
- One timetabled lesson a week from Year 1 to year 6;
- Whole school and key stage assemblies;
- Form time

Resources for PSHE

A scheme of work has been devised using material from LCP, BBC and Folens.
Dair House invites adults from a wide variety of working backgrounds to visit the school and talk with the children.
A PSHE theme for each term is set by the Headmaster for teachers to use in discussion time and assemblies.

OVERVIEW OF PSHE PROGRAMME

YEAR	AUTUMN	SPRING	SUMMER
6	•R.A.R.E. - Learning as a Year 6 pupil. •Ancient Greece-beginning of democracy •Giving	•Democracy in action •Argument/debate •Holocaust remembrance •Debate issues of importance	•Transition •SRE •Liaison with secondary schools •Recycling
5	Rules and Laws •The need for rules •The need for school rules	Democracy •Democracy and dictatorship •Elections and voting •Political parties •MPs and what they do •Government and Parliament	Health •Growing up •Drugs, their use and their effects •Health and safety in school
4	Right and Wrong •Moral dilemmas •Fairness and unfairness	Communities •Helpful groups in society •Charities •What is the United Kingdom? Environmental issues	The Global Community •Democracies and dictatorships
3	Choices •Making choices •Choosing a hobby or sport •Choosing a career •Choosing a pet	Rights and Responsibilities •Rights and duties •Being responsible •The bare necessities of life •Children's rights	Health •Feeling good - letting the sun shine in on our lives •Easing stress •Road safety
2	Right and Wrong •Co-operating and sharing •Fairness •Kind and unkind behaviour •Selfishness •Stealing •Telling lies •Truthfulness Rules	Feelings & Relationships •A new baby •Understanding the human body. •Anger and fear. Rights and responsibilities •Baby care •Looking after a pet	Rules •Rules in the home •Dangerous household goods •Safety in the home •Rules for our protection •Useful rules •Road safety •Good roadcraft Pets •Looking after a pet

	•The meaning of rules •Appreciation of class rules Feelings and Relationships •Friendship web •Teasing and bullying •Cultural diversity •Understanding sickness and diseases		
1	Right and Wrong •Co-operating and sharing •Fairness •Kind and unkind behaviour •Selfishness •Stealing •Telling lies •Truthfulness Rules •The meaning of rules •Appreciation of class rules	Choices •Healthy eating •Cleanliness and personal hygiene •Healthy exercise •How to play •Playing safe •Choosing a friend •Money and talents Rights and responsibilities •To be safe •To education •To medical care	Communities •The family •Preparing a meal •Making a contribution •People who help children at school • Local schools •Caring for the environment •Environmental problems •Journeys around the world •An ideal community