

# Lunch Week One



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Sausage Plait

Meat Free

Lentil & Vegetable Slice

Main

Chicken in Black Bean Sauce

Meat Free

Tofu & Chinese Vegetables In Sweet Chilli Sauce

Main

Roast Pork with Crackling & Apple Sauce

Meat Free

Caramelised Red Onion And Goats Cheese Tart

Main

Moroccan Lamb Tagine

Meat Free

Chickpea & Vegetable Tagine

Main

Chicken Goujons

Meat Free

Spicy Bean Burger

Available Daily:

Salad Bar  
Jacket Potatoes  
Bread  
Fresh Fruit  
Yoghurt

**And to go with**

Creamy Mashed Potatoes  
Broccoli

**Pudding**

Lemon Shortbread

**And to go with**

Carrots and Peas  
Egg Noodles

**Pudding**

Black Forest Brownie  
Pots

**And to go with**

Crunchy Roast Potatoes  
Steamed Greens

**Pudding**

Apple & Blackberry  
Crumble & Custard

**And to go with**

Fluffy Rice  
Cauliflower

**Pudding**

Fruity Flapjack

**And to go with**

Oven Baked Chips

Steamed Peas

**Pudding**

Chocolate Orange Cup  
Cakes



# Lunch Week Two



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Creamy Chicken Curry

Meat Free  
Chickpea & Vegetable  
Curry

Main

Creamy Ham & Cheese  
Carbonara

Meat Free  
Macaroni Cheese

Main

Roast Chicken with  
Sage & Onion Stuffing

Meat Free  
Roasted Vegetables In  
Yorkshire Pudding

Main

Turkey & Mushroom  
Stroganoff

Meat Free  
Roasted Root  
Vegetable And Quorn  
Casserole

Main

Pulled Pork in  
Barbecue Sauce in a  
Brioche Bun

Meat Free  
Cheese & Tomato Pizza

Available Daily:

Salad Bar  
Jacket Potatoes  
Bread  
Fresh Fruit  
Yoghurt

And to go with

Fluffy Rice  
Cauliflower Florets

**Pudding**  
Strawberry Ice Cream

And to go with

**Spaghetti  
Peas & Carrots**

**Pudding**  
Fruity Chocolate  
Brownie

And to go with

Roast Potatoes  
Steamed Greens  
Gravy  
**Pudding**

**Banana Sponge &  
Custard**

And to go with

Broccoli Florets

**Pudding**  
Chocolate Sponge &  
Chocolate Sauce

And to go with

Oven Baked Chips  
Steamed Peas  
Creamy Coleslaw

**Pudding**  
coconut  
MAcaroons



# Lunch Week Three



Monday

Tuesday

Wednesday

Thursday

Friday

**Main**  
Beef Lasagna

**Meat Free**  
Roasted Vegetable Lasagna

**Main**  
Thai Green Chicken Curry

**Meat Free**  
Quorn with Thai Green Curry Sauce

**Main**  
Roast Beef & Yorkshire Pudding

**Meat Free**  
Sweet Potato & Spinach Frittata

**Main**  
Creamy Chicken & Sweetcorn

**Meat Free**  
Roasted Vegetable Chilli

**Main**  
Pork or Chicken Sausage in a Bun

**Meat Free**  
Quorn Sausage in a Bun

**Available Daily:**

- Salad Bar
- Jacket Potatoes
- Bread
- Fresh Fruit
- Yoghurt

**And to go with**  
Garlic Bread  
Broccoli

**And to go with**  
Fluffy Rice  
Green Beans

**And to go with**  
Roast Potatoes  
Carrots & Peas

**And to go with**  
Fluffy Rice  
Steamed Peas

**And to go with**  
Oven Baked Chips  
Baked Beans  
Salad Leaves

**Pudding**  
Carrot Cake with Cream Cheese Topping

**Pudding**  
Mango Fool

**Pudding**  
Eton Mess

**Pudding**  
Pear & Chocolate Crumble with Custard

**Pudding**  
Lemon Cupcakes

